HEAD START OUTDOOR PLAY VALUE ADDED PACKAGE

MOVEMENT PROGRAM

FUNDAMENTA

Fundamental Movement Program

The Fundamental Movement Program includes: 10 Perceptual Motor

your asphalt playground layout.

Physical Activity

Exercise Cards

Development Guides, a set of teaching task cards, certificates, skills checklists, aerobic fitness circle cards, training materials, monthly parent pages and a blueprint design for early childhood through second grade. The blueprint has suggestions for painting, placement, and recommended game markings for

Kids will love your **Outdoor Motor** Learning Lab

Fundamental Movement is a motor skills program for preschool and primary children. It is a complete curriculum from which to teach from. Fundament Movement allows you to create an outdoor motor learning lab for preschool children. An easy do-it-yourself layout plan transforms your play space into a colorful arrangement of learning games and motor skills activities. The Fundament Movement Program Kit allows you to design a custom play space, with permanent, painted-on activities that help make play and motor skills time a fun learning environment.

"Fun"damental Movement is easy to implement for classroom teacher with minimal PE training. Having the curriculum equipment, and games painted on the playground for skills practice, makes it easy for the classroom teacher to organize."

- Saugus Schools



This set of 12 animal activity cards are designed for an aerobic fitness circle which motivates kids to get moving.

The fitness circle activities include: hopping, skipping, toe touches, etc. around hula hoops laid out on the ground. Music contributes to a fast paced fitness circuit kids love Individual classroom or school sets are available



Fundamental Movement Certificates and Parent Pages



A fun motor development program for **Early Childhood** through Grade 2.

"Fun"damental Movement **Program Components:**

- Blueprint
- Stencils
- Motor Skills Task Cards
- **Perceptual Motor Development Guide Sequential Motor Skills Instructions**
- Instructional Tips
- Skills Check List
- Parent Newsletters
- Certificate Master

Activity designs are painted on the blacktop to reinforce the fundamental motor skill patterns, and colorful animal cards remind kids what to do.



Fundamental Movement Playground Equipment Companion Pack



A comprehensive set of playground equipment that will help you implement your Fundamental Movement Program. This huge playground equipment pack contains all the equipment you'll need to fully implement the Fundamental Movement Playground Program at your school.

The huge playground package contains playground balls, bean bags, ring toss games, ropes, chalk, scoop sets, balance beam, balance boards, parachute, beach balls, fleece balls, bags, ball needles, cart, ball inflator, cones, flying disc, hoops, kickballs, and plastic toss balls.

ALSO Includes:

- Roll-Out Stencil Packages
- Paint Machine & Paint
- **Fundamental Staff Development** & Playground Supervisor **Training Online**

www.peacefulplaygrounds.com http://www.peacefulplaygrounds.com/headstartbodystart.htm