

Peaceful Playgrounds™ newsletter play nice!

Children's "Right to Recess"

Alternative Solutions to Withholding Recess: Paper #2

Life is rarely an "all or nothing experience". Yet schools often withhold recess as the be all and end all in disciplining elementary students. A better solution might be to consider intermediary steps to disciplining students in respect to playground difficulties.

As an elementary school principal I found that playground supervisors choose severe consequences for students who have difficulties on the playground.

Rather than taking recess away completely, we found that a better solution was to say, "I can see you are having trouble playing flag football each day. In order for you to be successful, no football for the next week. On Monday, you can return to flag football at recess and we'll see if you have a better week."

More - The complete article with alternative solutions continues online at: www.peacefulplaygrounds.com/recess-alt2.htm

Download "Alternative Solutions to Withholding Recess" and do your part in getting kids active at www.peacefulplaygrounds.com/recess-alt2.htm

View January's very popular list of "60 Alternatives to Withholding Recess" at www.peacefulplaygrounds.com/recess-alt.htm. You can always email Melinda@peacefulplaygrounds.com for a complete listing of alternatives to withholding recess.



Peaceful Playgrounds Workshop February 16, 2007 Los Angeles

[Download Registration Form](#)

Call 877-444-9888
to get certified as a
Peaceful Playgrounds Trainer



New Website - Coming Soon!

Our new website will be easier to use with pages organized by topics. It also introduces a new blog feature to keep you up to date on the latest playground and grants information. We plan to continue to offer your favorite pages like:

Newsletter archives of the monthly Play Nice! Newsletter that's full of tips and techniques for managing a Peaceful Playground. www.peacefulplaygrounds.com/newsletter.htm

Press Pages listing current articles, radio interviews, and video clips. <http://www.peacefulplaygrounds.com/press.htm>

Grants Page where you can find grant templates for writing your Fundamental Movement, We Count Walking Program or Peaceful Playground Program grants. www.peacefulplaygrounds.com/grants.htm

Support Pages where you can download free playground supervisor training, playground reports, and equipment checkout sheets. www.peacefulplaygrounds.com/support.htm

Research Pages where you can find recent research on all three Peaceful Playgrounds Programs. www.peacefulplaygrounds.com/research.htm

Peaceful Playgrounds Kit with Guides and Blueprints, Stencils, Awards, Coupons, Certificates, Forms and Reports, program overview video, workshop training visuals, supervisor training handouts, and teacher workshop materials. www.peacefulplaygrounds.com/order.htm

Play is Healthy and Essential - AAP

A new report from the American Academy of Pediatrics (AAP) says free and unstructured play is healthy and - in fact - essential for helping children reach important social, emotional, and cognitive developmental milestones as well as helping them manage stress and become resilient.

The report, "The Importance of Play in Promoting Healthy Child Development and Maintaining Strong Parent-Child Bonds," is written in defense of play and in response to forces threatening free play and unscheduled time.

<http://www.aap.org/pressroom/play-public.htm>

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