

Peaceful Playgrounds™ newsletter

play nice!

Take a Chance on Play

No more tag or red rover. Forget about dodge ball or skateboards. All across the nation schools are prohibiting play. The reason? Some say it's due to litigation. The downside, according to experts is that restricting children's play may contribute to the growing levels of childhood obesity.

So how can we organize school playgrounds for fun and movement? Students say they like a variety of games and research indicates that choice in games get more children moving during recess.

Learn more about what Kingsbury School in Redlands, CA is doing to improve their playground. Some activities have been eliminated, such as tag, which second grade teacher Wendy Campbell describes simply as a game of "chase and grab." Kingsbury's playground program has added many other playground markings that were designed to abate the bickering that may go on, and offer a few simple strategies to promote peaceful practices. It also gets kids moving in a healthy way. <http://www.peacefulplaygrounds.com/press24.htm>

A Plan for Playground Games

Recess is meant to be a break from the classroom, a time for making friends and make-believe. But in reality, recess often involves intense competition, playground bullying, and conflicts that carry over into the classroom.

As enrollments have risen at elementary schools across the country, playgrounds have become crowded, increasing the risk of accidents and hot tempers sending children to the principal's office. Learn more about what a school in Murrieta, CA is doing to alleviate playground confrontations. <http://www.peacefulplaygrounds.com/press17.htm>



Carlsbad School Achieves Peace on the Playground

Given the jungle rules of some playgrounds, where the biggest and toughest tend to dominate, consider the scene recently at El Camino Creek Elementary.

A recess came and went, with 822 children running loose during a sublime spring afternoon and nobody cried, got punched, got hurt, or got left out of any game.

Nobody got into a fight outside, nor was anyone dragged back inside the classroom, where the teacher had to waste time and energy sorting out the dispute.

To learn more: www.peacefulplaygrounds.com/press10.htm



The Peaceful Playgrounds Program Video is a 20 minute overview of the award winning Peaceful Playgrounds Program.

View the video at: <http://www.peacefulplaygrounds.com/>



Products

[Peaceful Playgrounds](#)
[WE Count Walking Program](#)
[Fundamental Movement](#)
[Equipment Packs](#)
[Roll Out Stencil Sets](#)
[World Map Stencil](#)
[U. S. Map Stencil](#)

Peaceful Playgrounds Workshop

June 25, 2007

Make plans today to join us for the Peaceful Playgrounds Workshop from 8:30-noon on Monday, June 25, 2007 at the Westchester YMCA, Los Angeles, CA. [Download registration form.](#)

Interested in becoming a Peaceful Playgrounds Trainer? Attend our morning and afternoon workshops on June 25, 2007 to be certified. To register call 877-444-9888.



March © 2007 Play Nice! Newsletter
 Melinda Bossenmeyer, Ed.D - Peaceful Playgrounds™
 PO Box 45586 Los Angeles, California 90045
 877-444-9888 Toll Free 310-216-7700 Fax
 Email info@peacefulplaygrounds.com
<http://www.PeacefulPlaygrounds.com>