

Play Nice! Newsletter

April 2006 ©peacefulplaygrounds 2006

Melinda Bossenmeyer, Ed.D. ph 877-444-9888

School Talk

"Children who are physically active do better in the classroom... research tells us that providing more time for physical activity can lead to increased test scores."

Anna Weselak,
National PTA
President



Writing a PEP
Grant? Visit our
website for tips
and resources!

PTA Survey Shows That Parents and Teachers Agree Recess is Essential Part of the School Day

A new survey recently conducted by the PTA showed that nine out of 10 teachers say recess and the free time spent with peers is an important part of the school day and is crucial to a child's social and emotional development. Other key findings from the survey include:

- 99 percent of parents and teachers think recess is important for elementary school students
- Three out of four agree that recess should be mandatory
- More than half of PTA leaders think kids are less disruptive in class if they have recess
- More than 75 percent disagree that all school time should be spent on academics
- Two-thirds think kids need unstructured play during the day
- Three-fourths say taking a break in the day helps kids concentrate
- More than half of PTA leaders think that daily recess is at risk
- 73 percent say it is because of the need to focus on academics; 30 percent say it is due to lack of supervisory staff
- Only 9 percent are confident that recess will not be reduced in their school.

Congratulations to Dr. Melinda Bossenmeyer who was recently appointed by the California State Board of Education to the Physical Education Framework Writing Committee.



TIME TO REPLENISH YOUR EQUIPMENT PACKAGES

When planning for fall don't forget to replenish your Peaceful Playgrounds Equipment. Our research indicates that more equipment equals more active children.

Playground equipment is consumable and just like consumable workbooks should be replenished annually.

Remember. More Active children results in fewer playground problems!



GRANT INFORMATION

Peaceful Playgrounds grants web page offers a variety of resources for the grant writer. A complete section of PEP grant writing tips, budgets, sample of winning application, the latest application, and narrative language is available for our three programs, Peaceful Playgrounds, Fundamental Movement and We Count Pedometer Wellness Program.
<http://www.peacefulplaygrounds.com/grants.htm>