

Play Nice! Newsletter

May 2005 ©peaceful playgrounds 2005

Melinda Bossenmeyer, Ed.D. ph 877-444-9888



School Talk

The best first step, if the president and Americans are committed to physical fitness, is to send a message to America's children and parents that we are returning physical education to the schools.
Boston Globe
4/7/2005

"Fun"damental Movement Classroom Teacher's PE Curriculum

Recognizing that most classroom teachers lack a degree in kinesiology AND recognizing the many academic demands teachers face, Dr. Melinda Bossenmeyer created the "Fun"damental Movement Program. Pilot test results show students' motor skills improving and teachers rate the program "easy to implement". Other pilot results show classroom teachers teaching PE more often, resulting in students participating in more physical education.

The Program is organized by monthly themes supported by sequential skills task cards, equipment sets, and playground markings.

Aerobic fitness activities with fun character activity cards motivate students to keep moving in the fitness section of each lesson plan.



For a 30 second video clip of the new program, visit our website at:

www.peacefulplaygrounds.com/press.htm

Fiscally Fit???

President Bush is 'one of the fittest presidents ever in the history of the presidency. He's in the top 1 percent of men his age. He's committed to physical fitness and eating right every single day, so he's a fantastic example to all of us. However, at a time when the government tells people to cut the fat with fitness it is trimming fitness right out of the federal budget. In Bush's budget proposal for fiscal year 2006, he would cut federal funds (PEP), for physical education curriculum and equipment from \$74 million to \$55 million.



**Peaceful Playgrounds
Instructional Videos
Coming Soon.**

Visit our website for a 30 second video clip of the new instructional videos to be released in Fall 2005.
www.peacefulplaygrounds.com/press.htm

GREAT Free Resources

1. Disney Online and ESPN have joined forces to create a great website for students designed to get kids moving. PAGES=Physically Active Game ideas can be found at www.disney.go.com:80/playyourway/
2. Just in time for National PE Day, PE4Life has developed a great downloadable PE Field Day Kit. You'll find the kit at: www.pe4life.org/nped_2005kit.php
3. [Energizers: Classroom Based Physical Activities! The way teachers integrate physical activity with academic concepts!](http://www.beactivenc.org) www.beactivenc.org