

# Play Nice! Newsletter

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## School Talk

Tell a friend.

Are you enjoying our monthly Play Nice newsletter?

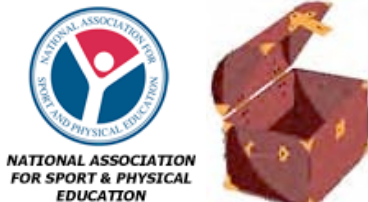
Please pass the newsletter on and/or encourage others to sign up.

Thank you!



Watch for our Mid-Month Grants Newsletter

## Introducing..... NASPE's Teacher's Tool Box



The Teacher's Tool Box was developed by the NASPE Public Relations Committee to provide teachers with a monthly Tool Box with ideas for promoting your quality physical education, physical activity and youth sports programs. All activities are tied into their relationship to the National Standards for Physical Education. Every month will have a fitness calendar for you to send home with your students, bulletin board ideas, information about the nation's health observances, and the newest resource materials.

[http://www.aahperd.org/naspe/template.cfm?template=teachers\\_toolbox.html](http://www.aahperd.org/naspe/template.cfm?template=teachers_toolbox.html)



## OUTDOOR MOTOR LEARNING LAB

Find out more about our newest program for preschool through grade 2

at: <http://www.peacefulplaygrounds.com/fundamental.htm> To view a 30 second video, click on video screen below.



Fundamental Movement Promo Video



## Local School Wellness Policies – An Opportunity to Make a Difference

On June 30, 2004, President Bush signed the Child Nutrition Reauthorization Act of 2004 into law. This new law makes it mandatory that each school district develop a local wellness policy.

- What must the wellness policies include?
- What is the timeline?
- What areas for policy consideration should be included?

For answers to these questions and more visit:

<http://www.aahperd.org/naspe/template.cfm?template=wellness.html>

## Developmentally Appropriate P.E. Guidelines

Is dodgeball an appropriate P.E. class activity? Not according to the National Association for Sport and Physical Education which holds the copyright on the Appropriate Practice documents.

To learn more you may download one copy of the material for your personal, non-commercial use or classroom (educational) use. The booklets describe physical education practices that are in the best interest of children. They include guidelines for curriculum design, learning experience, fitness activities, fitness testing, assessment, participation levels, forming groups, competition, and many others.

<http://www.aahperd.org/naspe/template.cfm?template=peappropriatepractice/index.html>



Physical Activity Exercise Cards