

Play Nice! Newsletter

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Facts about Physical Activity, Schools and Kids

- Kids who aren't physically active have a higher likelihood of becoming overweight or obese.
- A national student reports that only 8% of elementary schools, 6% of middle schools and 6% of high schools provide daily PE.
- Six out of 10 kids ages 9-13 don't participate in any kind of organized sports/physical activity program outside of school, and children whose parents have lower incomes and educational levels are even less likely to participate. Nearly 23% don't engage in any free time physical activity. (AHA/Robert Wood Johnson, June 2005).
- Children are devoting more and more of their free time to TV, computers, and video games and spending less time outdoors in games and being physically active. (Kaiser Family Foundation, 2005).
- The typical American child spends about 44.5 hours per week using media outside of school. (Kaiser Family Foundation, 2005)

Have you visited our Newsletter archive???

Lots of great information on a variety of current topics.

<http://www.peacefulplaygrounds.com/newsletter.htm>

School Talk

Ninety percent of elementary schools do not provide daily PE for all students throughout the entire school year.

Journal of School Health
2001



Professional Quality Striping Machine and Paint Now Available

<http://www.peacefulplaygrounds.com/paintmachine.htm>

Bullying Resources

1. **Stop Bullying Now**- web site. A US Government website that includes information, resources, kids games and what to do about bullying. Kid friendly site. <http://stopbullyingnow.hrsa.gov/>

2. **BULLYING Information for Parents and Teachers**. A School-based Anti-Violence Program. <http://www.lfcc.on.ca/bully.htm>



"Here We Grow Again"

The Peaceful Playgrounds offices and warehouse have moved. Our new offices are located in Los Angeles, California where we literally are in the flight path of planes landing at Los Angeles International Airport. Located approximately 2 blocks from LAX we're ready for a quick get-a-way to conferences and workshops across the nation.

NEW MAILING ADDRESS is:
PO Box 45586, Los Angeles, CA 90045.
Ph: 877-444-9888. Fax: 310-216-7700.
Please make changes to your records.

The new space will allow us additional office spaces, warehouse space and a training room.

We will now be able to store our new products and programs on location for a quick order turn-around time providing you with better customer service.