

Peaceful Playgrounds™ newsletter

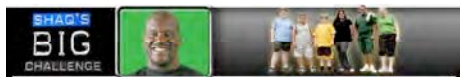
play nice!

Free Educational Resources

Olympians for Life are educational lesson plans for grades kindergarten through 12 that promote the Olympic Ideals and Values and are accompanied by profiles of athletes training for Beijing in 2008. Lessons are grouped according to major educational strands: K-2, 3-5, 6-8, and 9-12. Register for free access. All materials for "Olympians in Life" are being distributed free to educators. You can access the materials by clicking <http://www.usolympicteam.com/12683.htm>



In 2006, during its first year of a multi-year campaign promoting Olympic Values, the USOC developed materials to support the concept of fair play, which includes drug-free competition. The [campaign](#) is supported by posters, PSAs, movie theater ads, interviews with 2006 Olympians and more.



Shaquille O'Neal, the Star of Shaq's Big Challenge has put together some shape up and get healthy with tips, recipes, from his [online program](#). Want to learn more about the Shaquille O'Neal Wellness Wheel, the 18-week nutrition and fitness class featured in the most recent episode of Shaq's Big Challenge? [Download the curriculum!](#)

Product Links

Check out our many Peaceful Playgrounds Products.

- [Peaceful Playgrounds™](#)
- [WE Count Walking Program](#)
- [Fundamental Movement Training](#)
- [Equipment Packs](#)
- [Roll Out Stencil Sets](#)
- [PE & Recess Stencil Sets](#)

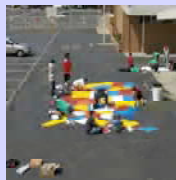
Peaceful Playgrounds Blog Recent Top Viewed Topics

<http://blog.peacefulplaygrounds.com>

- [Worth Reading: Melinda's Weekly View](#)
- [Fool Proof Workout](#)
- [The New 3 R's Reading, Writing and Running](#)
- [Beat Bullying Video](#)
- [Playground upgrades paying off, report suggests](#)
- [Average Athletes Are Awesome!](#)
- [Walking to School: A Missed Opportunity](#)
- [New Physical Education Legislation in California](#)
- [Texas Preparing for Required Fitness tests](#)
- [Wii Fit??](#)
- [Nutrition Education Programs Get Failing Grade](#)
- [Paying the Price: Cheap Pedometers](#)

Free U.S. Map Stencil with Peaceful Playgrounds Program Purchase. Order today! (include coupon with order)

Step 1. Chalk **Step 2. Paint** **Step 3. Enjoy!**



Start Your New Year Off Right

The right start to a new school year makes all the difference. New teachers are taught the value of establishing rules and procedures for making the classroom run smoothly. School playgrounds require rules and procedures to insure student safety, reduce conflicts and decrease injuries.

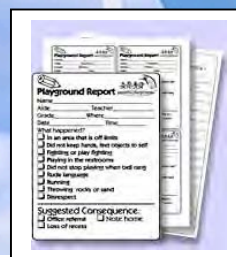
Train playground supervisors. Forty percent of playground injuries can be attributed to poor supervision. Download our free playground supervisor Powerpoint presentation

Peaceful Playgrounds Rules

1. Be kind.
2. Use rock, paper, scissors.
3. Play safely.
4. Freeze at the bell and wait for directions.
5. Travel in one direction on equipment.
6. You can't say, you can't play.
7. Invite others to join your game.
8. Telling not tattling.
9. Speak out against bullying.
10. Use school supplied equipment.

Playground Implementation Forms

These forms will assist you in organizing and reporting on your playground activity. This document includes Pad of 4 ready to print "Playground Report" forms and a Peaceful Playgrounds "Equipment Checkout Sheet."



Aug © 2007 Play Nice! Newsletter

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