

# Peaceful Playgrounds™ newsletter play nice!

## Introducing Peaceful Playgrounds Instructional Games DVD's

You ask. We deliver! We are in the final stages of putting the polishing touches on our SOON-TO-BE-RELEASED Peaceful Playgrounds Instructional Games DVDs. The DVDs show children playing various playground games and introduce students to game rules and violations. The 3 DVD set will include games and activities for Preschool/Kindergarten, Primary Grades 1-3 and Upper Elementary Grades 3-6. More information to follow soon. If you are interested in receiving a pre-release discount contact: Andrea@peacefulplaygrounds.com. You will also be the first to receive the DVDs.

### Peaceful Playgrounds Workshop-Sign up today

Date: Wed, Oct. 10, 2007 Time: 8 :30 am to 11:30  
Location: Westchester YMCA. 8015 S. Sepulveda, Los Angeles,  
CA Call to sign up today. ph 877-444-9888.

### Revamping Recess for Fitness

School recess isn't just playtime; it's a golden opportunity to boost children's fitness, according to a new report.

The Robert Wood Johnson Foundation today released a report that puts school recess at the head of the class among opportunities to make students' school days more active.

But the report doesn't back a free-for-all melee on the playground. Instead, the Foundation says grown-ups need to get in the game, supervising fun recess activities that involve all kids.

Why school recess? Because it's usually offered every day, whereas physical education (PE) classes are only offered twice a week at some schools.

### Product Links

Check out our many Peaceful Playgrounds Products.

[Peaceful Playgrounds™](#)  
[WE Count Walking Program](#)  
[Fundamental Movement](#)  
[Training](#)  
[Equipment Packs](#)  
[Roll Out Stencil Sets](#)  
[PE & Recess Stencil Sets](#)

### What's Cool in School: Video

Principal Pam Winfield credits a dedicated group of volunteers for transforming ordinary blacktop into an endless supply of games that can attract an entire classroom to share an activity.

Peaceful Playground is a concept developed by former physical education teacher who wanted to create a safer and more inclusive play area for children.

In addition to providing more play opportunities for a relatively low cost, Peaceful Playgrounds also encourages interaction between students. That creates more community and less bullying.

View the video to see the What's Cool in School: Peaceful Playgrounds video from Prior Lake Elementary School.

Kare 11 News Release  
[http://www.kare11.com/news/news\\_article.aspx?storyid=264904](http://www.kare11.com/news/news_article.aspx?storyid=264904)

### New Peaceful Playgrounds Blog

<http://blog.peacefulplaygrounds.com/>

#### Oct © 2007 Play Nice! Newsletter

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