

Fun and effective, research based,
physical activity programs to help
kids be more active.



Our programs are being used
in over 8,000 schools!

An international program for safe play! www.peacefulplaygrounds.com

Over 8,000 schools and parks across the country are enjoying the benefits of programs which allows kids to be more active and involved.

Three individual programs that:

- Add up to 100 permanent games and activities for your playground
- Reduces bullying, conflict and injuries
- Develops good physical activity and nutrition habits
- Combats obesity
- Develops motor and social skills

The Peaceful Playgrounds Recess Program allows you to organize the playground area to reduce injuries, bullying and conflicts. You can also design your own layout with permanent painted game markings that help make activity time a more positive experience. Hopscotch, alphabet grids, and number grids are just a few examples of the 100 games that can be added.

Research has documented that "more game markings, equals more physical activity" indicating that Peaceful Playgrounds is a low-cost intervention in the childhood obesity crisis. In a nationwide survey of Principals, 87% reported an increase in physical activity as a result of the Peaceful Playgrounds Program.

The program's unique design spreads children out evenly throughout the play yard, allowing the maximum number of students to be involved in healthy and educational play. Game choices include individual, cooperative and competitive game choices. Markings address motor development skills, cognitive skills and social skill interaction.

Set up is easy and can be done by members of the school staff and parent groups.



"Our teachers have been able to spend more time teaching and less time settling playground disputes!"
— South Elementary School, IL.



Create the ideal recess, afterschool and physical education environment for K-8.

An easy do-it-yourself program transforms your playground into a colorful assortment of games kids love to play.

Have questions? We can help! 1-877-444-9888 • www.peacefulplaygrounds.com



RECESS PROGRAM

The Recess Program Kit Package includes everything you need to create and implement a Peaceful Playground at your school, church or park.



Over 100 Activities!

Peaceful Playgrounds™ Program Kit

Design permanent playground activities that help make activity time more positive and productive including: alphabet and number grids, hopping and skipping lines and multiuse circles and squares.



Companion Equipment Pack

This playground equipment package is the equipment you'll need to fully implement the Peaceful Playgrounds Program at your school.

"The concept takes a resource most playgrounds already have—open space—and transforms blacktops and fields into play areas for different age groups."

— PTO Today



School Set of Activity Guides

The Activity Guides provide a consistent set of rules and program overview as well as playground report forms and equipment lists. Includes Certificates and reward coupons.



Recess Roll Out Stencil Set

Six of the most popular recess game markings which include: multi-use circle, hopscotch, ball hopscotch, targets, number line and foursquare.

Looking for funding to implement our program in your school? D



Six cans of paint included!

Striping Machine and Paint

Our paint machine can be used on asphalt, cement and grass areas. The coordinated machine and paint work together to provide crisp, clean lines and marks quickly and professionally.



Complete Playground Blueprints

Each Blueprint lists suggestions for painting, placement, and recommended game markings. Set includes:

- Preschool & Kindergarten
- Primary (Grades K-3)
- Upper Elementary (3-6)
- Field Markings (1-8)

Peaceful Playground Recognitions

Healthy Schools National Innovative Showcase Award

Action of Healthy Kids—Best in Class Award

Alliance for a Healthier Generation—Product Partnership

California School Boards—Golden Bell Award—School Safety

Walking Program National Afterschool Award Winner and many more!



Instructional Games DVD Series

More than 25 elementary playground games and activities delivered in an instructional “how to play” format. Violations are also demonstrated and taught.



Peaceful Playgrounds Webinar

Learn how to create a playground that really works! Webinars are 45 minutes long with a 15 minute question and answer session. No special software is necessary. Participate at your own computer.





FUNDAMENTAL[®]

Physical Education Program

The Fundamental Movement Kit includes all the materials you need to instruct lessons indoors or outdoors. This program is designed as a physical education program for preschool to grade 2.

Fundamental Program Components

- Perceptual Motor Development Guide (10 copies)
- Playground Blueprint of Fundamental Designs
- 41 Stencils: Letters, Numbers, Feet and Shapes
- Parent Newsletters on Motor Skills Themes
- Monthly Motor Skills Award Certificates
- Motor Skills Checklists
- Staff Development Materials
- Task Cards Set
- Physical Activity Exercise Cards
- Equipment Pack
- Complete Roll Out Stencil Set
- Paint Machine and Paint



Fundamental Movement Physical Education Program

Unique markings that can be painted on the blacktop that enhances children's motor development. The Fundamental blueprint is designed for early childhood to grade two students.



Fundamental Movement Equipment Pack

This huge playground equipment pack contains all the equipment you'll need to fully implement this physical education program at your school.



Physical Activity Exercise Cards

Set of 12 animal activity cards are designed for an aerobic fitness circle which motivates kids to get moving.

Order your program today! 1-877-444-9888





The We Count Kit is has everything you need for a walking club. The kit includes mini-lessons on nutrition and physical activity topics.

“WE COUNT” Walking Program



Student Walking Program

The program is based on research that indicates inexpensive step-counting devices (pedometers) motivate and educate kids to walk and be more active, thereby impacting the alarming number of overweight children.

We Count Components

- Teacher Resource Pack
- CD of Handouts, Logs, etc.
- 10 Minute Lessons
- Goal Setting Materials
- Storage Case
- 13 Pedometers
- Weekly Step Logs
- Student Newsletters
- Parent Newsletters
- Mileage Club Materials
- Certificates & Stickers
- Daily Step Record Card
- Bench Mark Chart
- Bulletin Board Materials
- Cadence CD

United States & World Map Stencils

Quick and easy to use stencils allow you to transform your blacktop into a geographical playground in as little as 4 hours.

Encourages educational classroom projects in History and Geography!



Area coverage: 16' x 27'



Area coverage: 36' x 18'



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